

Italian Meatballs

Ingredients

1 pound Ground Beef & Pork mix
½ cup Italian bread crumbs
1 tsp Salt
3 tbsp Parmesan Cheese
½ tsp Onion Powder
1 tsp Garlic Powder
1 tsp Parsley
1 Egg

Directions

Preheat oven to 400° F. Mix beef and pork mix with breadcrumbs, salt, parmesan cheese, garlic powder onion powder and parsley together. Once mixed, add in egg and mix together with your hands. Roll mixture into medium size balls and put on a cookie sheet. Bake for 18-22 minutes, or until they reach 160° in center.